

DIM., 08 SEPT.	LUN., 09 SEPT.	MAR., 10 SEPT.	MER., 11 SEPT.	JEU., 12 SEPT.	VEN., 13 SEPT.	SAM., 14 SEPT.
	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Ludovic Babylas</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Valentina Bejtullahu</p> <p>19:00 - 20:00 Boxing Group Classes Studio Jims Namur</p> <p>19:00 - 20:00 COACH BY COLOR® Cycling Cycling Cube Ludovic Babylas</p> <p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Antonin Minette</p>	<p>10:00 - 11:00 TAF Group Classes Studio Jims Namur</p> <p>11:00 - 12:00 Pilates Group Classes Studio Jims Namur</p> <p>18:00 - 19:00 COACH BY COLOR® Cycling Cycling Cube Fabrice Baras</p> <p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Emilie Stefens</p> <p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Antonin Minette</p> <p>19:00 - 20:00 Crosstraining Functional Zone Gabrielle Prax</p> <p>19:00 - 20:00 MEGADANZ® BE Group Classes Studio Florine Bruch</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Valentina Bejtullahu</p>	<p>17:00 - 18:00 CUISSES ABDOS FESSIERS (BE) Group Classes Studio Gabrielle Prax</p> <p>18:00 - 19:00 Boxing Group Classes Studio Jims Namur</p> <p>18:00 - 18:45 Squat Bench Deadlift (SGT) Dorian Bauwin</p>	<p>11:00 - 12:00 TAF Group Classes Studio Jims Namur</p> <p>12:30 - 13:30 Mobility (SGT) Group Classes Studio Gabrielle Prax</p> <p>18:00 - 19:00 COACH BY COLOR® Cycling Cycling Cube Ludovic Babylas</p> <p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Jims Namur</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Dorian Bauwin</p> <p>19:00 - 20:00 Mobility (SGT) Fitness Floor Paul alex Kwame doudu</p> <p>19:00 - 20:00 Suspension Training Functional Zone Ludovic Babylas</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Melanie Teise</p> <p>11:00 - 12:00 KIMAX® Group Classes Studio Laurent Van De Velde</p> <p>12:00 - 13:00 COACH BY COLOR® Cycling Cycling Cube Fabrice Baras</p>	

DIM., 15 SEPT.	LUN., 16 SEPT.	MAR., 17 SEPT.	MER., 18 SEPT.	JEU., 19 SEPT.	VEN., 20 SEPT.	SAM., 21 SEPT.
10:00 - 11:00 HIIT Group Classes Studio Jims Namur	18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Ludovic Babylas	10:00 - 11:00 TAF Group Classes Studio Jims Namur	17:00 - 18:00 CUISSES ABDOS FESSIERS (BE) Group Classes Studio Gabrielle Prax	11:00 - 12:00 TAF Group Classes Studio Jims Namur	18:00 - 19:00 Zumba® Group Classes Studio Melanie Teise	10:00 - 11:00 TAF Group Classes Studio Jims Namur
11:00 - 12:00 Total Body Conditioning Group Classes Studio Jims Namur	18:00 - 19:00 Start To Workout (SGT) Fitness Floor Valentina Bejtullahu	11:00 - 12:00 Pilates Group Classes Studio Jims Namur	18:00 - 19:00 Boxing Group Classes Studio Jims Namur	12:30 - 13:30 Mobility (SGT) Group Classes Studio Gabrielle Prax		11:00 - 12:00 KIMAX® Group Classes Studio Laurent Van De Velde
	19:00 - 20:00 Boxing Group Classes Studio Jims Namur	18:00 - 19:00 COACH BY COLOR® Cycling Cycling Cube Fabrice Baras	18:00 - 18:45 Squat Bench Deadlift (SGT) Dorian Bauwin	18:00 - 19:00 COACH BY COLOR® Cycling Cycling Cube Ludovic Babylas		12:00 - 13:00 COACH BY COLOR® Cycling Cycling Cube Fabrice Baras
	19:00 - 20:00 COACH BY COLOR® Cycling Cycling Cube Ludovic Babylas	18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Emilie Stefens	19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Louise Segers	18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Jims Namur		
	19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Antonin Minette	18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Antonin Minette		18:00 - 19:00 Start To Workout (SGT) Fitness Floor Dorian Bauwin		
		19:00 - 20:00 Crosstraining Functional Zone Gabrielle Prax		19:00 - 20:00 Mobility (SGT) Fitness Floor Paul alex Kwame doudu		
		19:00 - 20:00 MEGADANZ® BE Group Classes Studio Melanie Teise		19:00 - 20:00 Suspension Training Functional Zone Ludovic Babylas		
		19:00 - 20:00 Start To Workout (SGT) Fitness Floor Valentina Bejtullahu				